



## SPARC Abstract Submissions 2026

We are delighted to invite submissions of abstracts to SPARC 2026. Abstracts can outline case studies of good practice and policy implementation or research studies. Research studies can be completed studies, protocols, or ongoing studies where results are expected to be available by the conference date. Case studies of good practice and policy implementation can outline examples of promoting physical activity and movement.

Abstracts will be reviewed by the SPARC Scientific Committee with a small number accepted for oral symposium presentations on the day of the conference. The remaining abstracts will be presented as posters or infographics. All abstract presenters are required to register for the conference. We intend to collate all abstracts into a booklet which will be shared on the SPARC website.

Your abstract submission should be about Scotland, Scottish data, Scottish projects or you should outline how your submission can be transferable to a Scottish setting or context.

This year's conference theme is "10 Years Connecting Research, Policy and Practice in Physical Activity." We are particularly interested in:

- Research, policy or practice examples that demonstrate how physical activity evidence has been generated, translated and applied over the past 10 years, including real-world implementation, evidence-informed policy development, collaborations between researchers and practitioners, and reflections on the successes, challenges and future opportunities for connecting research, policy and practice.

More details on the SPARC Conference can be found on our website: <https://www.sparc.education.ed.ac.uk>

\* Required

## Personal Details

Title \*

First Name \*

Surname \*

Email Address \*

## Work/Study Details

Job Title \*

Organisation \*

Department \*

Student \*

☐ Yes

☐ No

Programme of Study

## Abstract Details

Abstracts can outline research studies or case studies of good practice. Research studies can be completed studies, protocols, or ongoing studies where results are expected to be available by the conference date. Case studies of good practice and policy implementation can outline examples of promoting physical activity.

Your abstract submission should be about Scotland, Scottish data, Scottish projects or you should outline how your submission can be transferable to a Scottish setting or context.

If accepted, your abstract may be presented as either a poster or an infographic. Guidance on how to create these is available on our website.

A small number of abstracts will be accepted as oral presentations. Please let us know if you wish to be considered for oral presentation \*

☐ Yes - consider my submission for oral symposium presentation

☐ No - I wish to present as poster/infographic only

Abstract Title \*

Presenting Author \*

Other authors (Full names as you wish them to appear on final abstract)

Type of Abstract \*

- ☐ Academic research
- ☐ Case study of research implementation in policy and practice

## Abstract Text (350 words max per submission)

Academic Research

### Introduction

Please enter at most 2200 characters

### Aims & Methods

Please enter at most 2200 characters

## Results & Discussion

Please enter at most 2200 characters

## Conclusion

Please enter at most 2200 characters

## Abstract Text (350 words max per submission)

Case study of research implementation in policy and practice

Aim

Please enter at most 2200 characters

Target Population

Please enter at most 2200 characters

Description of Project (what did you do?)

Please enter at most 2200 characters

Evaluation/learning (what did you find out?)

Please enter at most 2200 characters

## Consent Disclaimer

Please check the boxes below to confirm that you agree to the following statements:

I consent to this information being used by the University of Edinburgh for purposes of the SPARC 2026 conference. \*

☐ Yes

☐ No

I would like to be contacted by the University of Edinburgh SPARC with information on related events and resources. \*

☐ Yes

☐ No

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